

Franklin County Health Council & Prevention Coalition Meeting **August 2021**

In attendance: Beth Delaney, Melanie Morrow, Cindy Smith, Leslie Johnson, Michelle Perkins, Pat Brandenstein, Jessie Sheehan, Alana Morrow, Matt Brown, Dustin Ritchie, Paula Rhodes, Tabatha Curtis, Mandi Easterly, Tina Stevens, Kathy Pack, Barbara King, Jean Bowling, Angie Coffelt, James Cantrell, Abbie O'Neal, Melanie Pykiet, Kim Hasty, Laurel Stone, Empathy Guerin, Mary Anne Christian, Jessica May, Haley Colvin.

Approval of minutes: Melanie Morrow made a motion to approve, Kathy Pack 2nd, minutes were approved as written.

Health Council Updates:

Awareness Month- International Overdose Awareness Day- August 31st

<https://fcpcn.org/resources/>

Back to School Bash- We had a fantastic 2021 event!

Special thanks to EVERYONE that donated supplies for this event. Also, thanks to all of those that came to volunteer the day of the event. We were able to serve 776 people total (573 students, 203 parents).

COVID- 19:

Testing: FC Health Department

Monday- Thursday Nurse test 8:30-10:30 12:30- 3:30pm

Friday-Self Test (18 and older) same hours

For questions call FC Health Department at (931) 967-3826

Vaccine- is now available to all Tennessean's 12 and older. To schedule your vaccine, go to this link <https://vaccinate.tn.gov/>

Franklin County Health Department COVID Vaccine Schedule

For Moderna Vaccine

Monday, Wednesday, Friday – 8:30-10:30am / 12:30-3:30pm

Tuesday and Thursday- 8:30-10:30am (only in the am)

For Pfizer Vaccine

Tuesday, Thursday- 12:30pm - 3:30pm

General COVID-19 Information - <https://covid19.tn.gov/>

CHA- County Health Assessment for Franklin County 2021- Beth Delaney.

Monthly Member Spotlight- Franklin County Health Department

The Franklin County Health Department has provided high-quality and affordable health care to the people of Franklin County for over 50 years.

Our Mission: protect promote and improve the health and prosperity of people in Franklin County.

Services:

Breast and Cervical Cancer Program
Infectious Disease Control
STD Testing
Baby & Me Tobacco Free
WIC- Women Infant & Children
Supplemental Food Program
Childhood / Adult Immunizations
Family Planning
Paternity Acknowledgement

CHANT- Community Health Access and
Navigation in TN
Death/ Birth Certificates
Health Education
Nutrition Education
Restaurant Inspections
Swimming Pool Inspections
EPSDT Exams
Breast Feeding Counseling
COVID- testing and vaccine

*The Franklin County Health Department does not discriminate based on race, religion, national origin, age, sex, or disability.

*The Health Department takes most major insurance companies. For further information, appointments or questions please call 931-967-3826.

Franklin Co. Prevention Coalition:

Positive Action- We have started our new fiscal year at the Rain Teen Center. We currently have 26 teens enrolled for this upcoming year. We are currently still working on enrollment. We are continuing teaching the Positive Action curriculum. This teaches that if you think positive, you do positive and then you feel positive. This cycle will continue into the future. We are sad to shortly have to say goodbye to our Youth Ambassadors and College age students that have been leading our groups. Jadon Vanzant, Alanna Morrow & Alexis Andrews have been amazing role models for our teens. They have taught lessons, planned activities and have even lead the planning of a community service project. Watch for that to be rolled out into the community soon! We are excited and looking to have an awesome year.

Youth Ambassadors- As the youth ambassador, I have been able to do a lot of fun things. One of the first things I got to do this summer was implement sports equipment that youth and families can rent for free. This will help them use their energy, build self-esteem, and have fun. I also have been able to teach the middle school class in our Bridge Program. Every week we teach them positive action lessons and also build relationships with them. We put on our Thrive conference this year where we taught youth across the State how to be a leader. This was an awesome week for us, and all the participants involved. I have also been running our social media, and we have been able to run a few campaigns where we encourage and teach people things about enabling addiction and how to not be ashamed in recovery. Alexis and I also made a TikTok where we went viral on one of our post which was really cool. I also got to attend TTI with Student Advisory Connection. This also was another fun week full of great topics on the danger of drugs and alcohol, safe driving, sex trafficking, and so much more. We also put toilet

talks in our recreation department and built a stronger partnership with them!! The last thing I am getting to do is work on Red Ribbon Week. This is probably my favorite project. I am trying to prepare for Red Ribbon Week in October by pulling in all the different areas of our community. I want the youth to see that our community is united in raising up a generation that isn't stuck in addiction and raising children to follow in that pattern. – Alanna

THRIVE Leadership -This was our second year of facilitating the Thrive Youth Leadership Conference and it was amazing! We had 42 participants including youth from Franklin, Carter, Lawrence and Grundy counties. Having other coalitions here really brought a new dynamic to Thrive and our youth benefited from it. We taught the 7 Habits of Highly Effective Youth as the foundation of our leadership courses. Youth also learned about the Strategic Planning Framework model. A lot of community members helped out by coming and offering various sessions. Gail Castle taught about Mental Health, Mary Ann Christian did a session on Suicide Awareness, Allen Burnette talked about addiction and how to help someone, James Harper did 2 sessions on addiction and the brain and Matt Brown and Dustin Ritchie talked about addiction, opioids and overdose. Jadon Vanzant did a session on leadership. Alanna Morrow taught 2 different sessions, First Impressions and Communication and how to be heard. Eric Vanzant came and gave a motivational moment. The Franklin County Sheriff Dept talked to the youth about Human Sex Trafficking and social media. Winchester Police Department did alcohol awareness by using the drunk goggles and performing sobriety tests and letting youth drive the gulf cart through a course. Last but certainly not least, our keynote speaker was P Ronald Wilder. He gave a great session on do the work- How to become a five-star leader! Overall the conference was a HUGE success and we had a TON of fun! Once again, I asked the teens to find a problem they want to solve in their communities. They did not let me down! some of the issues they are working on include: Teenage Vaping (we have 3 groups working on that), Teen Mental Health - they want to raise awareness that mental health is an issue for teens and they want to provide resources for teens (we have 2 groups working on that) and we have a group that wants to work on Foster Care. They feel that youth in foster care do not have a voice and they are not supported and they need more foster homes but the homes need to be more supportive and understanding. WOW! They all went for big issues but they have a plan to tackle each item and I cannot wait to see the social change these youth will make!

Project Lifeline- Region 5 South has been excited about being able to provide valuable information and resources across the Region. Particularly the QPR Training (Question Persuade & Refer) gear towards how to start the conversation with one who may be thinking suicide. We have trained the Bedford County Prevention Coalition in July. We have Trained faculty at the St Andrew's School in Sewanee TN & Jack Daniel's Human Resources team in Lynchburg TN. Lifeline has also had the privilege to speak at CST Storage Inc. Winchester TN and Substance Use to their employees for Public Safety. Lifeline met with Bedford County Sheriff's Department for orientation to be able to facilitate the MRT Program in their facility. We have provided countless peer support and referrals to treatment. We are currently working on Overdose Awareness Day...August 31st and National Recovery Month Proclamation signings on August 27th.

TN Save a Life- In July we served 108 individuals across our region, 5 individuals were here in FC. We distributed 135 Units of Naloxone across the region, 27 units were here in FC. In July we were able to work with a lot of organizations training staff and doing outreach. If your organization is interested in having staff trained on how to stop stigma and to respond to an opioid overdose please contact us. We are always looking for more opportunities to connect and network with our communities. We are partnering with the FC Faith Based Recovery Coalition to host a training on 8-26- 2021. Please see the flyer for more info. We are at the FC Library the first Monday of every month doing individual training. No appointment necessary

TN Alliance for Drug Endangered Children- July 17th, local businesses and residents hosted lemonade stands to raise money and awareness for the nonprofit organization Isaiah 117 House. Isaiah 117 House provides emotional and physical support to children who have been removed from their homes and are awaiting foster care placement. When a community has an Isaiah 117 House, it changes the way foster care begins. Instead of being taken to a DCS office to sit in a cubicle with their case worker, children are taken to a beautiful white house and welcomed by smiling faces and loving volunteers. Children who feel dejected and scared, maybe even unloved or rejected are given the message that they have done nothing wrong, they are not alone, and they are loved. Local supporters hosted 10 lemonade stands and raised \$6290.39. All of the money raised went directly to support the Isaiah 117 House that is under construction in Monteagle that will serve the children in Coffee, Franklin, and Grundy Counties. The stand that raised the most money this year, was hosted by the ladies at Citizens Tri-County Bank in Tullahoma. They raised \$1600, which earned them the First Annual Grand Champion Lemonade Stand Trophy. It was my pleasure to partner with Isaiah 117 House by raising awareness and donating the trophy (which was super cute).

BRIDGE- What an AMAZING summer we've had at Bridge! From Camp at Camp Rain to family retreats to Thrive Leadership Conference, we've played kiddie pool kick ball and splashed on the water slide! Our garden has exploded and we are excited to announce that we received a \$3,000 grant to build an even bigger garden and a green house for next season. We made a big splash at the swimplex for our Back to School engagement activity. Special thanks to Sue Fulmer and Blessings for sponsoring our Back to School Bash. We look forward to the new school year and all the excitement that it's bringing with it!

Announcements/Upcoming Events

Check out our new Community Calendar at fcpcn.org/events/

- Back to School Splash – Aug. 21st
- Community Narcan Training – Aug. 26th
- International Overdose Awareness Day – Aug. 31st
- Recovery Walk – Sept 2nd
- Business Expo – Sept. 2nd
- Isaiah 117 Golf Tournament – Sept. 24th

Next Meeting September 20th- at noon (Central)